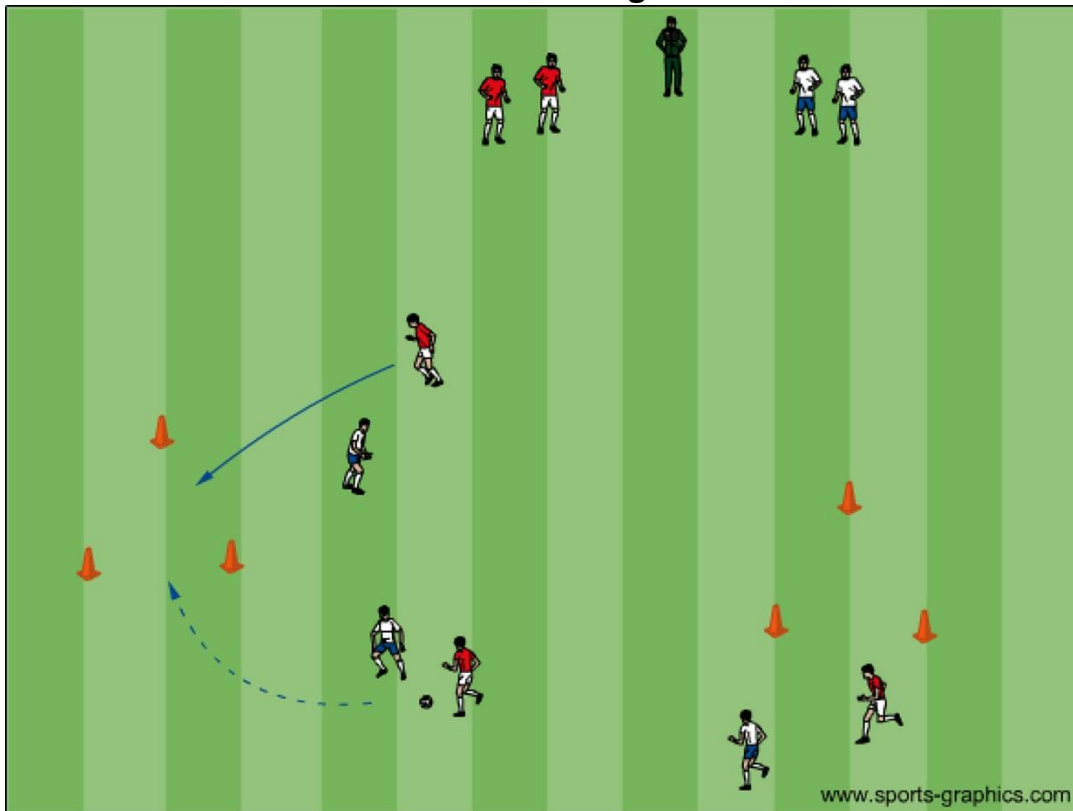


3 v 3 to 2 Triangles



Organization

- This game features two triangles (cones are 5 yards apart). Triangles are 15-20 yards from each other. The objective in this game is to pass the ball to a teammate inside of the triangle as shown by the red players in the diagram. This is a great 3 v 3 game that develops the passing skill, support and vision necessary to change play and exploit open space.
- Each round should last 2-3 minutes, depending on its intensity. Scores should be kept. Points can also be given for a certain set number of consecutive passes (3, 4 or 5 in a row, you decide).

Coaching Points

- When one triangle is defended, the play should change to the opposite triangle. When an offensive player receives the ball inside of a triangle, the player should pass the ball out. This keeps the game moving and forces the receiving player in the triangle to have “tight” control of the ball.